



PARENT/GUARDIAN PERMISSION SLIP FOR EXTENDED DAY/OVERNIGHT FIELD TRIP

NAME OF STUDENT:	
NAME OF PARENT/GUARDIAN:	PHONE:
NAME OF PARENT/GUARDIAN:	PHONE:

TRIP INFORMATION:

PARISH/SCHOOL:	DATE(S) OF TRIP:
Shepherd of the Hills/ St. Matthew	June 23-30th 2025
DESIGNATED TEACHER/SUPERVISOR:	PHONE:
Anna Kraus	608-290-2227 & 920-375-1920
DESTINATION:	
Mission Trip to Nashville, TN	
ACTIVITIES: (A separate detailed itinerary and parent consent must be provided for high-risk activities.)	
hiking, service work, dancing, travel stops ie gas stations, rest stops,	
MODE OF TRANSPORTATION TO AND FROM EVENT:	
Lamers Bus	
DEPARTURE DATE/TIME:	RETURN DATE/TIME:
approx 7pm June 23 from Shepherd's parking lot	LATE NIGHT June 30th into July 1st Shepherd's parking lot
STUDENT COST (IF APPLICABLE):	RETURN FORM BY:
N/A	June 22, 2025
ITEMS STUDENTS SHOULD BRING (IF ANY):	
See print out	

PARENT CONSENT TO PARTICIPATE AND INDEMNITY AGREEMENT:

In consideration for my child/ward's participation, I agree to reimburse and indemnify the parish/school for all reasonable legal and court fees incurred by parish/school in defending a lawsuit that I or my child/ward may bring against the parish/school which relates to the above named activity if the parish/school is found not legally liable by the courts and prevails in the lawsuit. If the parish/school is found legally liable for injuries sustained by child/ward, this paragraph will not apply.

I certify that I have an understanding of this agreement and any risks and hazards associated with the activity described above that my child/ward will be participating in. I further understand that I had the opportunity to fully discuss this agreement with a representative of the parish/school to clarify any concerns or questions about the activity or this agreement that I may have had.

I have read the information above and give consent for my child to participate in all aspects of this field trip:

PARENT/GUARDIAN SIGNATURE:	DATE:

By entering my full name, I attest that this constitutes my legal electronic signature on this form.

Yes, I am available to chaperone. I can be reached at:

Check the box if you opt out of any image, photograph, or video of your child to be posted or published to social media by any chaperone or school personnel for this field trip.

PAGE TWO: EXTENDED DAY/OVERNIGHT FIELD TRIP MEDICAL RELEASE:

Emergency Medical Treatment: In the event of an emergency, I give permission to transport my child to a hospital for emergency medical treatment. I wish to be advised prior to any further treatment by the hospital or doctor.

If you are unable to reach a parent/guardian at the above numbers, contact:

ALTERNATE CONTACT NAME:		PHONE:
PHYSICIAN'S NAME:		PHONE:
NAME OF MEDICAL INSURANCE:	POLICY #:	
PERTINENT MEDICAL CONDITIONS, INCLUDING ALLERGIES AND SPECIAL DIETARY NEEDS:		

Other Medical Treatment: In the event that the child becomes ill with symptoms such as headache, vomiting, sore throat, fever, or diarrhea, do you grant permission for supervisors to give your child non-prescription medication, such as acetaminophen, throat lozenges, cough syrup, or antacid?

Yes No, I wish to be contacted first.

Medications: List all medications, prescription and over-the-counter, that the student currently takes at home and during the school day. Include all as-needed and emergency medications. Medications not authorized for self-carry must be in original container and given to the designated supervisor.

MEDICATION:	DOSAGE:	ROUTE: HOW GIVEN:	FREQUENCY:	START DATE:	STOP DATE:	SIDE EFFECTS:
1.						
2.						
3.						

MEDICAL PROVIDER CONSENT: REQUIRED FOR PRESCRIPTION MEDICATIONS LISTED ABOVE

I Authorize the School/Parish to Give the Above Prescription Medication(S) to this Student.

PRINT MEDICAL PROVIDER NAME:	PHONE:
MEDICAL PROVIDER SIGNATURE:	DATE:
Inhaler and Epi-Pen Only: This student and his/her parents have been instructed in self-administration and the student may carry an inhaler or Epi-Pen and self-administer. Yes <input type="checkbox"/> No <input type="checkbox"/>	

PARENT CONSENT FOR MEDICAL TREATMENT AND ADMINISTRATION OF MEDICATION:

I hereby warrant that to the best of my knowledge, my child is in good health and I assume all responsibility for the health of my child. I give the school/parish permission for emergency and other medical treatment, including the administration of the above prescription and non-prescription medication(s).	
PARENT/GUARDIAN SIGNATURE:	DATE:
Inhaler/Epi-Pen Only: My child may <input type="checkbox"/> or may not <input type="checkbox"/> carry and self-administer.	

By entering my full name, I attest that this constitutes my legal electronic signature on this form.

Shepherd of the Hills/St. Matthew/CYO West Bend
2025 Nashville Mission Trip Itinerary

Monday, June 23

8:00pm SOTH/STM Students: Arrive at Shepherd of the Hills
Please shower and eat dinner prior to arriving at SOTH
Line up suitcases, bus bags, etc., in designated stalls in the parking lot

8:59pm Bus departs SOTH

9:01pm WB Students: Arrive at Holy Angels (use school parking lot, entrance off of 9th Ave)
Please shower and eat dinner prior to arriving at HA
Line up suitcases, bus bags, etc., in designated stalls in the parking lot

9:30pm Bus arrives at Holy Angels to pick up WB Crew

10:00pm Bus departs HA and we head south!
Driver change enroute

Tuesday, June 24

8:00am Breakfast and rest stop: Buc-ee's – Smiths Grove, KY!

11:00am Arrive in Nashville – travel to downtown/Broadway (includes lunch stop)

2:00pm Arrive at Alive in You
(St. Matthew Catholic School, Franklin, TN)

4:00pm Opening session

5:45pm Tutus and Ties Dinner

7:00pm Evening program

11:00pm Lights out

Wednesday, June 25 - Friday, June 27

6:45am Breakfast is served

8:00am Opening session/Mass

9:00am Head out to work projects/shower at YMCA prior to returning to school

4:30pm* Free time

5:45pm Dinner (W: Island Christmas; Th: Soccer Moms/BBQ Dads; F: Agape Meal)

7:00pm Evening program

11:00pm Lights out

Saturday, June 28

6:45am Breakfast is served

8:00am Opening session/Mass

8:30am Explore Nashville – parish offsite activity/shower at YMCA prior to returning to school

3:00pm Keynote speaker and workshops

5:45pm Time Travelers Dinner

7:00pm Evening program

11:00pm Lights out

Sunday, June 29

7:00am Breakfast is served

8:00am Morning session

8:30am Closing Mass

9:30am Say goodbyes and load the bus (SOTH/STM stuff gets loaded first, then WB)

10:00am Leave AIY and head toward home
Lunch/dinner stops TBD along the way

9:00pm* Arrive back at Holy Angels!

10:00pm* Arrive back at Shepherd of the Hills!

* Approximate time

Shepherd of the Hills/St. Matthew/CYO West Bend – 2025 Nashville Mission Trip Packing List

Lodging: St. Matthew Catholic School, 535 Sneed Road W, Franklin, TN 37069

You will be packing 2 bags and ONLY 2 bags due to room under the bus. One bag is for everything you will need while on the bus (to and from Nashville). The other bag is for everything else for when we arrive at the school in Nashville. You are responsible for carrying all of your own stuff from the bus to your room.

Bag #1: Anything you want for the bus during the bus ride. When we stop at rest stops/gas stations during the night, we will not be going into our other bag and getting anything out!

- You will be wearing comfy clothes already
- Stylish green CYO WB shirt for our arrival in Nashville
- Stuff for getting ready to sleep (toothpaste, toothbrush, face wash, deodorant, feminine items, contact case & solution, glasses)
- Stuff for sleeping on the bus (pillow, sleeping bag, blanket) – YES you will be sleeping on the bus!!!
- Anything you want access to during the bus ride: phone, journal, etc. (PLEASE limit the valuables that you bring – you'll be busy working and/or having fun so you won't need them)
- We will have places to change when we stop for breaks

Bag #2: Everything Else

- Work clothes for three days:
 - T-shirts – nothing nice – and no tank tops, cutoffs, bare midriffs, etc.
 - Shorts – nothing nice – and not super short
 - Closed-toe shoes (tennis shoes, work boots) – again, nothing nice!
 - Socks for each work day
 - One set of pants/jeans and long sleeves is a MUST!
 - Headband/hat in case we are working outside
- Comfy/casual clothes for St. Matthew and any non-work outings (think shorts and t-shirts)
 - Pajamas, sweats – whatever clothes you sleep in (and feel comfortable running out in the middle of the night for a fire drill while standing next to a priest)
 - Socks, underwear, etc.
- Clothes for the themed dinners – it's fun I promise! Just remember the two-bag rule 🙄
- Shoes/sandals – one pair that you can wear hiking (sandals should strap around the ankle)
- Flip flops/Crocs/whatever for the school
- Shampoo/conditioner, body wash/soap, toothpaste, toothbrush, face wash, deodorant
- Two towels (one for showering, one for swimming)
- Swimsuit (for swimming, also possibly for showering)
- Sunscreen
- Any prescription medication
- Garbage bag or some kind of plastic bag for dirty clothes
- Your own spending money for meals and souvenirs (this includes before and after the Alive in You portion of the trip, as well as Saturday's Explore Nashville AND any AIY or musician swag you may want to invest in)
- A sheet for your air mattress AND a fresh pillowcase for the bus ride home (you'll thank us later!)

Extra (these do NOT have to go inside Bag #2 but they MUST have your name clearly marked on them):

- SINGLE air mattress...Yes it can be one of the high ones, but did I mention single??
- Sleeping bag/blanket if you don't bring it on the bus (it will be cold and blanket sharing is outlawed) 🙄 Seriously though, it is air conditioned and that's a long bus ride to be freezing!
- Please clearly label any items that go under the bus with your name/luggage tag

Things NOT to pack:

- Lots of valuables (tablets, computers, etc.), smoking/vaping products, alcohol, weapons, fireworks, etc.