

2025-26 High School RE Service Reflection Paper

(Due December, 2025)

High Schoolers are required to do 15 parish & 15 Community services hours by Confirmation (30 total hours over the course of three years). Also, teens are asked to write a reflection paper each year 9th, 10th, and 11th about some of the service experiences from that given year.

-Use the questions below as a guide to write & explain details from the major needs and how your service assisted in fulfilling them.

-Take time to write a 1-1.5 page paper (Arial font size 12 1-inch margins).

- Title it **RE Service Reflection Paper 2025-2026**

- Put your grade first & last name in the upper right-hand corner please

- put your name and grade on the email subject line

- Take time to reflect & make this meaningful for yourself. I do also share sometimes what you reflect about with those you have served!

For Inspiration in helping to choose what to reflect on:

Brief list of possible service opportunities you've participated in through the parish.

1. Assisting with Religious Ed fundraisers
2. Assisting with parish Events
3. Coffee House Sundays @SOTH
4. SOTH Chicken Dinners/ Chilli Cook-off/ Bunny Brunch
5. Assisting with Youth Group Nights
6. Singing Choir/ Cantoring at Mass
7. Lectoring (reading for Mass)
8. SMC Parish Fall Festival/KC Fish Fry/ Soup Sales/ Pizza Making
9. Any unlisted Parish/School Fundraisers/Events

Brief list of possible service opportunities you've participated in through the Community.

1. Doing lawn care for neighbor
2. Participating in various school club service events
3. Providing free babysitting for friends or relatives
4. Sorting Food Pantry items at SMC
5. Orchestrating a clothing or food drive
6. St. Vincent de Paul help
7. St. Katherin Drexel House help

***Services you were paid for or that were not of your own free will do not meet the requirements of this reflection paper.**

Questions to help you reflect

1. What did you do? How long did it take?
2. Why did you pick this service to do in the first place?
3. What is something that you learned about yourself or others?
4. How do you feel about this service experience? Would you do it again?
5. What would you tell someone looking to do service hours about this experience?

DUE December, 2025 email akraus@sothparish.org or turn it in hard copy at High School Session